THE 7 HABITS OF HIGHLY EFFECTIVE READERS

Good readers think while they read. Every so often they stop and check their understanding. They predict what might happen next. They question what they're reading. After they finish, they think about what they read. Each of the habits of effective readers happens in a good reader's mind while he or she is reading. When you apply these strategies listed below, you are more likely to really understand the text. When you read effectively, the text can come to life in your head. **You create a movie in your mind!**

1. Do a "sneak" Preview

Before I read I think:

- What do I already know about this?
- The pictures and headings tell me....
- The purpose of this type of text is to teach me....



2. On the set - Connect

As I read, I connect the reading to my ideas and experiences, and I think to myself:

- This reminds me of....
- It's a lot like....

3. The Leading Role: Question

As I read, I monitor my understanding. I say to myself:

- This does/does not make sense because....
- I know all the words except....
- I could re-read this piece to find out....

Take 2! When in doubt: Re-Read

4. Take One: Predict

As I read, I interact with the reading and think about what may come next. I say to myself:

- This is going to be about....
- I wonder if....
- My prediction is changing because....

5. Visual and Special Effects: Visualize

As I read, I form mental pictures in my mind. I say to myself:

- The characters look like
- The "movie" playing in my head shows....
- The places/settings appear real because....

6. The Director's Cut: Clarify

As I read, I slow down and make sure I understand. I say to myself:

- I can remember....
- I can summarize....
- I can understand....

7. Be a Critic: Evaluate

As I read and after I finish, I form opinions about the subject or characters. I say to myself:

- I agree/disagree with...
- This has affected me because...

